

One Conversation: Trusting God for Growth

Welcome:

“Can you briefly share how your One Prayer has been going—encouraging, challenging, or eye-opening?”

What Is “One Conversation”?

One Conversation is a simple intentional connection with someone God placed in your life.

It is:

- Simple — happens in ordinary moments.
- Natural — grows from real relationship.
- Relational — builds trust. Quietly says, “You matter to me.”
- Spirit-led — God prepares the moment, softens hearts, and opens doors.

Why Conversation Matters?

- Because conversation is the space where trust grows.
- Faith often grows through series of conversations.
- Conversation often reveals what God may already be doing in your “one’s” heart.
- Conversation is where Jesus often worked.

Quick Table Discussion: Think about your “one.” In one word, what kind of conversation do they need right now? And why do you think that?”

Workshop Roadmap:

Part 1. **Notice**

Part 2. **Listen**

Part 3. **Cultivate**

Part 1: Notice—Becoming Aware of the Soil

1. Outreach doesn’t start with speaking. It starts with noticing.
2. Noticing the Soil
 - The “soil” represents the condition of a person’s heart.
 - Paying attention to what may be happening beneath the surface — without assuming, labeling, or diagnosing.
 - We are not judging the soil. We are simply noticing and responding with compassion.
3. What Notice Look Like in Everyday Life?
 - A coworker seems quieter than usual.
 - A neighbor appears stressed or overwhelmed.
 - In everyday places: sensing exhaustion, tension, or sadness
4. The Story of Trader Joe’s — Transactional vs. Relational
5. How do we grow in noticing?
 - Slow your space.
 - Pay attention to the heart.
 - Stay interruptible.

Table Discussion #1 (8 min)

As you’ve been praying for your one, what have you noticed recently about their life or heart?

Part 2: Listen—Understanding the Soil

1. What Does It Mean to Listen? (James 1:19)
 - Listening is one of the most Christlike gifts. (Road to Emmaus, Luke 24:13-35)
 - Listening is Love.
 - Listening Helps you better understand the Soil.
2. Listening always starts small.
3. The Story of the Bathtub Drain Tool: *What Happens When We Don't Feel Heard*

Table Discussion #2 (12 min)

Read Luke 24:13-35 at your table and reflect

“What stands out to you about how Jesus approached the disciples? What is one thing we can learn from His example?”

Part 3: Cultivate — Trusting God with the Soil

1. What Does It Mean to Cultivate?
 - We faithfully participate in what God is already doing.
2. Why Do We Cultivate?
 - ...because Christ first love us. (1 John 4:19)
3. Cultivation Is Walking with, not Working On.
 - We celebrate with them in joy. We grieve with them in sorrow.
4. Cultivation requires patience.
 - Farmers do not plant on Monday and harvest on Friday.
5. Practical Ways to Cultivate Every Season of the Soil
 - Ask thoughtful questions.
 - Share small pieces of your story.
 - Respond to life moments.

Table Discussion #3 (8 min)

“What relational actions and steps could you take these coming weeks?”

Final Wrap-up

Remember: We are not responsible for the growth. We are responsible for faithful presence.

Word of Encouragement: Jesus did not choose impressive people. He chose fishermen. Tax collectors. Ordinary men and women.

Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

Colossians 4:5-6